VAVS Adaptive Sports Volunteers are a vital part to the health care network helping to improve the lives of our nation's Veterans. Please join VAVS as a volunteer today. For more information on volunteering with the Adaptive Sports programs or other volunteer opportunities, please contact the Voluntary Service office at your local VA facility.
Benefits of Adaptive Sports
Adaptive Sports offers many benefits for those with disabilities or injuries, such as:

» Allows for independence
» Builds strength and endurance
» Builds courage and self-reliance
» Builds friendships and teamwork
» Increases mobility
» Provides a sense of freedom
» Fulfills competitive and adventure needs
» Provides the Veteran with a sense of accomplishment
» Provides Veterans the opportunity to connect with others in fun and exciting environments
Volunteers are Needed

Volunteers are needed to assist in a variety of ways, even if you are not athletic.

We are seeking volunteers to:

» Assist with equipment
» Provide or assist with meals and drinks
» Drive for participants to and from sites
» Greet participants and volunteers
» Assist with the activities

Please visit our website:

www.volunteer.va.gov
Do You Play Sports?
Athletes of all abilities are vital to the Adaptive Sports Program. There are a variety of events—and the following list is just a few a volunteer can choose from:

» Kayaking  » Track and Field Events
» Archery   » Surfing
» Bowling   » Winter Sports
» Cycling